

NORMAN R. ISMAIL

**GLORY OF SUCCESS:  
THE THREE ASPECTS OF LIFE TO  
TRAIN BEFORE WE RECEIVE IT**

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**GLORY OF SUCCESS: THE THREE ASPECTS OF LIFE  
TO TRAIN BEFORE WE RECEIVE IT**

by: *Norman R. Ismail*

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-Norman R. Ismail

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# PREFACE

Everyone wants to be successful. Defining a success for each person is different from one to another. Refer to Earl Nightingale's famous definition of success is anyone who is pursuing deliberately a predetermined goal, because that is what he decided to do.

The key of starting creating a success in life is a decisive action and deliberately follow through the plan. Stop thinking if someone could create his success over night. Furthermore, it is a long journey that every man must take fully responsibility and one thing born in his mind that he needs to help himself first before he can save the world.

Whatever your goal is, I believe it must be something beautiful and helpful for you and people surround you. You are now reading this book because you also have a good intention to seek for the essential aspects that we need to care of in order to reach and enjoy our glory of success.

The aspects that are discussed in this book, I believe, if we successfully master them then we can achieve whatever the goals we are pursuing. The idea comes from why we need to be healthy to enjoy our success.

Try to answer these following questions.

1. Have you ever met a man with good attitude reached his glory of success?
2. When you have reached your glory of success in terms of great wealth, and your physical body is healthy and enthusiastic spending time with people you love. Would you enjoy your glory of success?
3. And would you reach your glory of success if you know how to make and save money?

If you answer those questions with a yes, then you are right and agree with me that in order to reach and enjoy our glory of success we have to maintain our health in terms of mind, physical and financial.

First of all, having a good attitude that leads us towards success reminds us how important it is to have a proper mindset. The way we look at ourselves will determine how we behave and treat others. If we are comfortable with ourselves and love with whatever we do, we will tend to respect people and in the end people will like working with us. Actually it is a basic value that every one of us should hold on which is to treating others like we would like to be treated.

Physical health is another essential aspect that we should take care of. As mentioned before that success is a journey, for some people it is a long journey and tedious job. How do we keep working on our plan if our physical body is not strong enough to absorb the stresses and challenges during this journey? The worst case is once we have reached the success we cannot enjoy it because we suffer the pain of illness. The pain has been accumulated because we ignore our physical health by not having a good diet plan and exercise. In addition, we are busy pursuing our goals but forget that our one and only body have been suffering for many years in the pursuit of success.

Lastly, we believe that money has a power. The power is able to make your goals become reality. Frankly speaking, none of us dares to speak that money will help you reach your dreams. In fact, a success plan without a strong finance is simply just a dream. However, once you think that everything has a price then you will start making money, saving it and managing it to pursue your goals. If we just spend all our hard earned money on things that serve no purpose towards our goals, it means our goals are not clear or we have no goals at all. You can see how big your goal is by seeing your balance in the bank account and how much money you can save from every amount of your income. Remember that success is not the result of making money but managing money surely motivates you towards your success.

The three aspects we have discussed briefly are related to each other. Failing to take care of one aspect only will deliver us to the journey of regret instead of the journey of glory. Make sure that you keep reading what we are about to discuss in this book. It is about passion, self-discipline and persistence to work on the health of our mind, physical and finance.

The three aspects we need to master and make them automatically become our habit. A secret of success is happening behind the scene and the health of our mind, physical and personal finance are indeed behind the scene. People will not see how tedious it is to wake up every morning to exercise, to fulfill our minds by reading good books, to work our job to earn money and manage it to fund our goals. What people see is our appearance and how much we have transformed. So let's learn and focus on developing activities that happen behind the scene.

We will learn about some philosophies and activities on those three aspects to make them our regime to gain the glory of success.

The glory of success can only be attained by those who are willing to practice, evaluate and repeat the process.

And remember, my friends, you have decided to read this book so take fully responsibility to seek for the truth.

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